



Coshocton City Health Department
400 Browns Lane
Coshocton, Ohio 43812
740.622.1736

COVID-19 QUARANTINE ATTESTATION

Centers for Disease Control and Prevention (CDC) Guidance for COVID-19 exposures:

Who is considered a close contact?

- Individual who has had close contact (within 6 feet for a total of 15 minutes or more in a 24-hour period), direct physical contact, or caregivers for those who have tested positive for COVID-19 while they were symptomatic or in the 48 hours prior to symptom onset.

Recommended Precautions:

- Stay home for 14 days after last exposure and maintain social distance (at least 6 feet) from others at all times
- Self-monitor for symptoms
- Check temperature twice a day
- Watch for COVID-19 symptoms such as cough, fever, loss of sense of smell or taste, muscle aches, nausea/vomiting, diarrhea
- Avoid contact with people at higher risk for severe illness from COVID-19
- Call your Physician or Urgent Care if you develop symptoms

As of August 27, 2021, COVID-19 spread is EXCEPTIONALLY HIGH in Coshocton County. Due to this, the Health Department is prioritizing case investigations and may not be able to make all contact notifications in a timely manner. Contacts are encouraged to utilize this document as an attestation form for those who have been notified by COVID-19 cases that they are indeed a contact who needs to quarantine.

Attestation:

I, _____, attest that I was contacted by a COVID-19 case and I meet the CDC definition of a close contact as outlined above.

Date of last contact with COVID-19 case: _____

Recommended date to quarantine through (2 weeks from date above): _____

Signature: _____ Date: _____